

You Have Exciting Benefits Choices With Colonial!

You can enroll online with Colonial Life this year for the first time. You may sign up for Short Term Disability, Accident Coverage and a Cancer Program

How To Enroll

- 1) From any computer log onto: <https://harmonyenroll.coloniallife.com>
- 2) Once you log on you will be ask for a log in User Name. The User Name is **CMCSS** and your **Employee ID Number** (Example : **CMCSS12345678**) Don't forget that **CMCSS** is in **all CAPS**.
- 3) Next you will be asked for an employee password. This password will be your first initial then your last name and then your four digit date of birth. (Example: **PSmith1968**)
- 4) The next screen you will be asked to change your password. Write it down in case you need to go back into the site
- 5) Update your address and other profile information, then click "Save & Continue" to enroll in any of the benefits.

You will have until November 30th to go on line and complete your benefits enrollment for the voluntary products offered by Colonial.

If you already have any of the Colonial products and you don't need to make any changes, your rates will not change, and your plans will just roll over for the next plan year and you will not need to do anything.

If you have any problems or questions you can call our office at the number listed below or email us.

Dennis, Jessica or Brandy can help you at 615-383-9955.

Email:

Dennis: dtraywick@colonialtn.com

Jessica: Jessica.schneider@colonialtn.com

Brandy: banderson@colonialtn.com