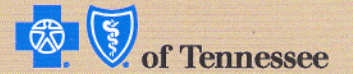


For More Information

BlueCross BlueShield of Tennessee is working hard to help you save money whenever possible. If you have any questions about this change, call the Customer Service number listed on your BlueCross BlueShield of Tennessee member ID card.

Drug Benefit Appeals

You or your physician may appeal the denial of a drug benefit or a quantity limit by faxing supportive documentation to **1-888-343-4232**. Please check your benefit materials for more information.



Generics First – A Step Therapy Program

Certain Medications Require Generics First

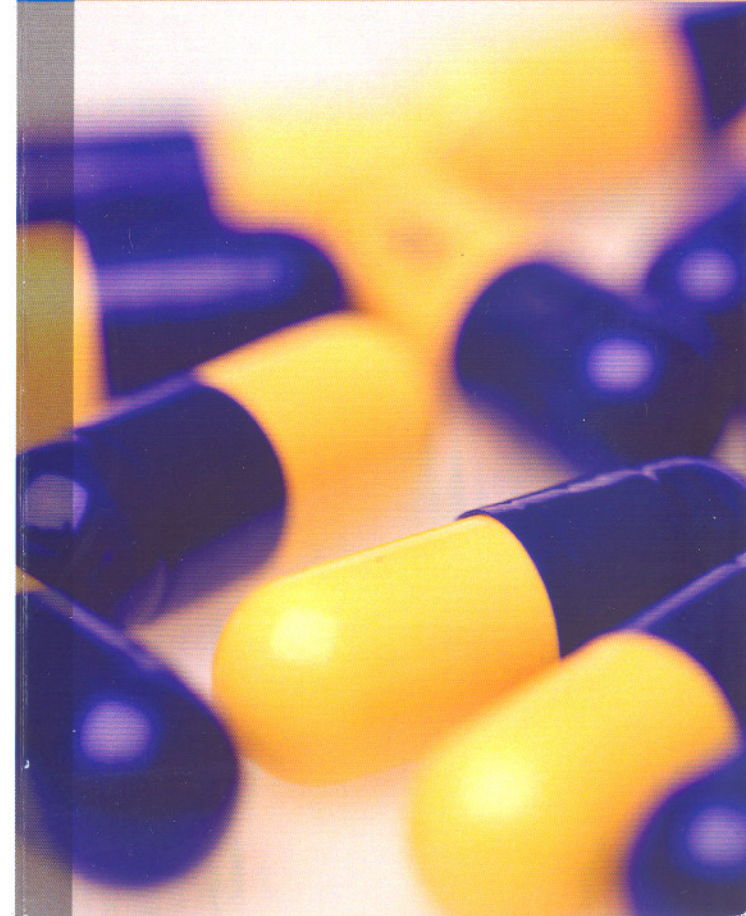


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Generics First

Do you know that the Food and Drug Administration (FDA) requires generic drugs to have the same strength and purity as brand-name drugs? Generic drugs can be just as effective as their brand-name counterparts at a fraction of the price, so why would you spend more than you have to on your prescription medications? Choose generics and save.

Your new prescription drug plan is designed to save you money. Before you use one of the brand-name drugs listed in this brochure, you will first need to try a similar, alternative medication. In most cases, this will be a generic drug. Generics are approved by the FDA as safe and effective but will cost you less.

Example: Before you can fill a new prescription for the brand-name drug Cymbalta, you will need to try one of the generic alternatives first – bupropion, fluoxetine, paroxetine, sertraline or venlafaxine.

It's important that you share this list with your doctor to help coordinate your medication needs. This list shows you which brand-name drugs are affected, as well as the recommended alternatives.



| Before you take one of these drugs... | You must have tried ONE of these... |
|--|---|
| ACE INHIBITORS | |
| Accupril Aceon Altace Capoten Lotensin Mavik Monopril Prinivil Univasc Vasotec Zestril | benazepril captopril enalapril fosinopril lisinopril moexipril quinapril ramipril capsules trandolapril |
| ACE INHIBITORS WITH CALCIUM CHANNEL BLOCKERS | |
| Lexxel Lotrel Tarka | amlodipine/benazepril or other ACE Inhibitor plus a Calcium Channel Blocker |
| ACE INHIBITORS WITH DIURETICS | |
| Accuretic Capozide Lotensin HCT Monopril HCT Prinzide Uniretic Vaseretic Zestoretic | benazepril/hydrochlorothiazide captopril/hydrochlorothiazide enalapril/hydrochlorothiazide fosinopril/hydrochlorothiazide lisinopril/hydrochlorothiazide moexipril/hydrochlorothiazide quinapril/hydrochlorothiazide |
| ANALGESICS | |
| Celebrex (QL) Mobic | choline mg trisaliclylate diclofenac diflunisal etodolac fenoprofen flurbiprofen ibuprofen indomethacin ketoprofen meclufenamate meloxicam nabumetone naproxen oxaprozin piroxicam salsalate sulindac tolmetin |
| ANGIOTENSIN II RECEPTOR BLOCKERS | |
| Atacand Avapro Benicar Cozaar Diovan Micardis Teveten | captopril enalapril fosinopril lisinopril quinapril ramipril capsules |
| ANGIOTENSIN II RECEPTOR BLOCKERS WITH CALCIUM CHANNEL BLOCKERS | |
| Azor Exforge | amlodipine plus captopril, enalapril, fosinopril, lisinopril, quinapril or ramipril capsules |
| ANGIOTENSIN II RECEPTOR BLOCKERS WITH DIURETICS | |
| Atacand HCT Avalide Benicar HCT Diovan HCT Hyzaar Micardis HCT Teveten HCT | captopril/hydrochlorothiazide enalapril/hydrochlorothiazide fosinopril/hydrochlorothiazide lisinopril/hydrochlorothiazide quinapril/hydrochlorothiazide |

| Before you take one of these drugs... | You must have tried ONE of these... |
|---|--|
| ANTIDEPRESSANTS | |
| Celexa Cymbalta Effexor (all) Lexapro Paxil (all) Pexeva Prozac (all) Remeron (all) Sarafem Venlafaxine ER Wellbutrin (all) Zoloft | bupropion citalopram fluoxetine fluvoxamine mirtazapine nefazodone paroxetine sertraline trazodone venlafaxine |
| BETA BLOCKERS | |
| Betapace (all) Bystolic Coreg Coreg CR Corgard Inderal (all) Innopran XL Kerlone Levator Lopressor Sectral Tenormin Tiazac Toprol XL Trandate Zebeta Ziac | acebutolol atenolol (all) betaxolol bisoprolol (all) carvedilol labetalol metoprolol (all) nadolol pindolol propranolol (all) sotalol timolol |
| CALCIUM CHANNEL BLOCKERS | |
| Adalat (all) Calan (all) Cardene (all) Cardizem (all) Covera-HS Dynacirc (all) Isoptin (all) Nimotop Norvasc Plendil Procardia (all) Sular Verelan | amlodipine diltiazem (all) felodipine nicardipine nifedipine (all) verapamil (all) |
| LIPID LOWERING AGENTS (HMG Co-A Reductase Inhibitors) | |
| Altoprev Advicor Caduet Crestor Lescol Lescol XL Lipitor Mevacor Pravachol Vytorin Zocor | lovastatin pravastatin simvastatin |
| PROTON PUMP INHIBITORS (PPIs) | |
| AcipHex Nexium Prevacid Prilosec Protonix Zegerid | cimetidine famotidine nizatidine omeprazole* pantoprazole ranitidine |

*Omeprazole is available over the counter, without a prescription. Some plans do not cover prescription drugs that have equivalents available over the counter. Check your benefit materials or call Customer Service for more information on your plan's coverage for omeprazole.

