

Local Programs and Agencies

Progressive Directions, Inc.

1249 Paradise Hill Road

(931) 647-6333

Day Habilitation Programs

Provide services to adults age 22 and older with a diagnosis of intellectual disabilities. Services include assessments, developmental and vocational training, behavior management, transportation, follow-along, community service employment contracts and federal contracts at Ft. Campbell.

Respite Services

Respite refers to short term, temporary care provided to people with disabilities in order that their families can take a break from the daily routine of caregiving. Unlike child care, respite services may sometimes involve overnight care for an extended period of time.

Supported Living Programs

Services include, but are not limited to daily living skills training, socialization skills, self-help skills, community integration skills and residential care services provided from 24-hour care to limited care as appropriate and required.

Buddy Ball Special Needs Athletic League

Margaret Davis, Coordinator

info@buddyball.net

Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses for those with special abilities. Because of this, Buddy Ball will not charge any fees to participate.

Early Intervention Program

Serves developmentally delayed children birth to three years and their families through developmental screenings and assessments, and behavior management offered through center-, home-, and community-based programs, family group activities, transportation, and transition into the school system.

www.progressivedirections.com

Sunrise Community of Tennessee, Inc.

229A Dunbar Cave Road

(931) 648-3011

The Sunrise group of companies is comprised of various private, not-for-profit corporations whose mission is to provide people with disabilities the assistance and support necessary to enable them to live valued lives in the community.

Behavior support

Community participation

Personal assistance

Respite

Supported employment

Supported living

Residential habilitation
Nursing
Medical residential
Family model residential
clarksville@sunrisegroup.org

State/Federal Programs and Agencies

Administration on Intellectual and Developmental Disabilities (AIDD)

Administration for Community Living

Washington, D.C. 20201

1-202-401-4541

AIDD is dedicated to ensuring that individuals with developmental disabilities and their families are able to fully participate in and contribute to all aspects of community life in the United States and its territories.

Programs include:

State Councils on Developmental Disabilities (DDC)

Key activities include conducting outreach, providing training and technical assistance, removing barriers, developing coalitions, encouraging citizen participation, and keeping policymakers informed about disability issues.

State Protection & Advocacy Systems (P&A)

Dedicated to the ongoing fight for the personal and civil rights of individuals with developmental disabilities

National Network of University Centers for Excellence in Developmental Disabilities Education, Research & Service (UCEDD)

Affiliated with universities to address issues, find solutions, and advance research related to the needs of individuals with developmental disabilities and their families

Projects of National Significance (PNS)

Supports the development of national and state policy and awards grants and contracts that enhance the independence, productivity, inclusion, and integration of people with developmental disabilities

The President's Committee for People with Intellectual Disabilities (PCPID)

Goal is to improve the quality of life that is experienced by people with intellectual disabilities, by upholding their full citizenship rights, independence, self-determination, and life-long participation in their respective communities

Help America Vote Act (HAVA)

Make polling places accessible to voters with disabilities in order to provide equal opportunity for participation in the electoral process including privacy and independence

www.acl.gov/programs/aidd

Americans with Disabilities Act (ADA)

Tennessee Committee for Employment of People with Disabilities

Citizens Plaza Building, 2nd floor

400 Deaderick Street

Nashville, TN 37243-1403

Trish Farmer, Director

(615) 313-4891

TDD: (615) 313-5695

The landmark Americans with Disabilities Act (ADA) was passed by Congress and signed into law in 1990. The ADA makes it illegal to discriminate in employment on the basis of a disability. The civil rights protection is comprehensive because related necessities such as public transportation, public accommodations, telecommunications and training are also requirements of equal opportunity.

www.ada.gov

DOWN Syndrome Association of Middle Tennessee

111 North Wilson Boulevard

615-386-9002

Alecia Talbott, Executive Director

alecia@somethingextra.org

Mission is to enhance the lives of individuals with Down syndrome throughout their lifespan by providing support, information and education to those individuals, their families, professionals and the communities that make up the Middle Tennessee area. They take time to speak with parents and caregivers about concerns and needs for their families. They provide resources on school meetings, behavior issues, financial planning and future planning. They collaborate to bring in speakers with an expertise in Down syndrome and hold workshops for the community. They also provide many social and recreational opportunities for the children, adolescents and adults we serve.

somethingextra.org

Lifeline Discount Telephone Assistance

Consumer Services Division

Tevin Thompson, Lifeline Program Manager

502 Deaderick Street, 4th Floor

Nashville, TN 37243

(615) 770-6874

1-800-342-8359

TTY: 1-888-276-0677

tevin.thompson@tn.gov

To ensure that telephone service is available and affordable for low income telephone subscribers, the Federal Communications Commission established the Lifeline Telephone Assistance Program. Administered by the Tennessee Regulatory Authority, the Lifeline program reduces the monthly local service portion of your telephone bill. Lifeline does not assist with the long distance portion of your bill or with special features such as Caller ID or Call Waiting.

<http://www.tn.gov/tra/consumerfiles/teleassist.shtml>

National Center on Secondary Education and Transition

Institute on Community Integration

University of Minnesota

6 Pattee Hall

150 Pillsbury Drive SE

Minneapolis MN 55455

ncset@umn.edu

612-624-2097 (phone)

612-624-9344 (fax)

Tennessee Department of Education
710 James Robertson Pkwy., 11th Floor
Nashville, TN 37243
Stanley Joshua, Director of Transition Services for Tennessee
joshua.stanley@tn.gov
615-741-3834

The National Center on Secondary Education and Transition (NCSET) coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures. NCSET is headquartered at the [Institute on Community Integration](#) in the University of Minnesota's College of Education and Human Development.
<http://www.ncset.org>

SafeLink Wireless®

TracFone Wireless, Inc.
9700 NW 112th Avenue
Miami, FL 33178
SafeLink: 1-800-378-1684
TracFone: 1-800-867-7183
Net10: 1-877-836-2368
Program for income eligible households provided by TracFone Wireless, Inc.
<http://www.tracfone.com/>

T.A.R.P. Center for Independent Living

TARP stands for: Training, Advocacy, Referral, Peer Support
1027 Mineral Wells Ave., Suite 3
Paris, TN 38242
731-644-0026 or 1-866-895-TARP
Bob Leonard, Executive Director
moreinfo@tarp1.org

TARP serves eight counties in Northwest and North-Middle Tennessee including: Benton, Dickson, Henry, Houston, Humphreys, Montgomery, Stewart, and Weakley counties.
Advocacy/ADA/Accessibility Compliance

T.A.R.P. advocates on behalf of people with disabilities and encourages them to advocate for themselves on disability related issues. They celebrate the Americans with Disabilities Act, help inform people with disabilities about their rights, and attempt to educate our elected officials and the community about issues and concerns. They strive to achieve accessibility and inclusion in all aspects of community life, and encourage compliance with Federal Laws concerning people with disabilities, equal access, and equal opportunity.

Employment Assistance

- Training in resume writing
- Training in job interview
- Training in job etiquette
- Job coach training
- Understanding reasonable accommodations
- Assistive technologies

Independent Living Skills Training

- Computer training
- Money management training
- Homeowner education
- Cooking, personal hygiene, etc.
- Mobility training, accessing transportation
- Peer counseling/support groups
- Disability rights

<http://tarp1.org/index.htm>

Tennessee Department of Education

Special Education Department

Secondary Transition

710 James Robertson Parkway

Nashville, TN 37243

(615) 741-5158

Blake Shearer, HS Intervention and Transition Coordinator

615-741-3834

Blake.Shearer@tn.gov

The department encourages districts to prepare all students for Career and College Readiness. The programs, resources, and services included in these guidelines demonstrate best practices in serving Students with Disabilities as they transition from secondary to post-secondary activities such as postsecondary education, vocational education, integrated employment (including supported employment); continuing and adult education, adult services, independent living, or community participation.

http://www.state.tn.us/education/student_support/transition.shtml

Tennessee Department of Human Services

Blind & Visually Impaired Services

(615) 313-4914

1-800-628-7818

TTY: (615) 313-6601

TTY: 1-800-270-1349

Services include vocational rehabilitation to help adults who are blind and visually impaired successfully compete with others in entering, returning, or retaining employment; independent living services to enable them to be in their own homes and communities; and Tennessee Business Enterprises to offer vocational training and employment opportunities in the ever growing food service industry.

Deaf & Hard of Hearing Services

Tennessee Rehabilitation Center at Clarksville

1575 Corporate Parkway Blvd.

Clarksville, TN 37040-3898

Phone/TTY: (931) 648-5560

Manager: Virginia Talley

Provides guidance and counseling, vocational training, post-secondary education, interpreting services, provision of hearing aids and other adaptive devices, personal adjustment training, technology services, job placement, physical restoration, and information referral for individuals who are deaf or hard of hearing.

Tennessee Technology Access Program

Citizens Plaza State Office Building, 14th Floor
400 Deaderick Street
(615) 313-5183
1-800-732-5059
TTY: (615) 313-5695
TN.TTAP@tn.gov

Statewide program designed to increase access to, and acquisition of, assistive technology devices and services. Through its four core programs: Funding Assistance, Device Demonstration, Device Loan and Device Reutilization, TTAP and a network of five assistive technology centers help people with disabilities and their families find and get the tools they need to live independent, productive lives where and how they choose.

Adult Day Care

400 Deaderick Street, 15th Floor
Nashville, TN 37243-1403
(615) 313-4700

Programs for adults who need some level of supervision throughout the day.

Programs for adults who have physical, neurological or emotional problems requiring special intervention or care.

An opportunity for socialization.

Activities that help cognitively or physically-challenged adults maintain or improve their levels of functioning.

Respite for family members.

Services that delay institutionalization as long as possible.

Homemaker Program

Mid-Cumberland HRA
Debbie Holmes, Program Manager
Oaks Office Tower
1101 Kermit Drive, Suite 300
Nashville, TN 37217
(615) 850-3912

Limited in-home personal care services designed to allow participants to remain in their own residence and maintain independence. Provides a variety of services for our most vulnerable citizens, from housekeeping, meal preparation, transportation, shopping, etc. for the elderly and disabled, to training in parenting skills, budgeting, resources and nutrition for families with children or adults at risk of abuse, neglect, or exploitation.

<http://tennessee.gov/humanserv/Disability>
www.mchra.com

United States Department of Agriculture – Rural Development

3322 West End Avenue, Suite 300
Nashville, TN 37203

Bobby M. Goode, State Director
(615) 783-1300

Christopher Westbrook, Area Director
(615) 783-1359

1-800-342-3149 x1359

USDA Rural Development operates over fifty financial assistance programs for a variety of rural applications.

<http://www.rd.usda.gov/tn>