



Clarksville-Montgomery County School System
HEALTH SERVICES

STUDENT INSTRUCTION FOR COLOSTOMY/ILEOSTOMY

Student Name _____ Date _____

School _____ Teacher _____

Supply List

- Soap and water
- Soft cloth or gauze
- Skin preparation
- Adhesive
- Tape
- Clean bag and belt, if needed
- Disposable gloves
- Scissors, if needed to cut skin barrier

Procedure

1. Provide privacy as much as possible
2. Wash hands and apply gloves
3. Empty contents of used bag into toilet.
4. Carefully remove the used bag and skin barrier by pushing the skin away from the bag, instead of pulling the bag off the skin.
5. If a skin barrier is used that requires fitting, measure the stoma.
6. Pat the stoma using a moistened tissue. Cover the stoma with gauze or cloth and clean the skin around the stoma. **DO NOT SCRUB THE STOMA OR THE SURROUNDING SKIN.**
7. Inspect the skin for redness, rash, or blistering. Do not put medication, ointment, or adhesive on the damaged skin. Report skin redness, rash, lesions, or bleeding promptly to the school nurse if in the building. Otherwise, report to parents.
8. If you notice:
 - a. Drops of blood: Pat gently with soft cloth or gauze.
 - b. Moderate bleeding: Apply gentle pressure using soft cloth or gauze.
 - c. Heavy/Continued moderate bleeding: Apply firm pressure using soft cloth or gauze. Delegate someone to call EMS/911.
9. Pat the skin dry with soft cloth or gauze.
10. Place skin barrier on skin around the stoma.
11. Peel off backing from adhesive, or apply adhesive to bag if necessary.
12. Center the new bag directly over the stoma.
13. Firmly press the bag to the skin barrier so there are no leaks or wrinkles.
14. Record the procedure.
15. Remove gloves and wash hands.
16. Report any change in stool pattern to parents.

The student has been given the procedure instructions and has shown competency to perform care of colostomy/ileostomy.

Student Signature _____ Date _____

School Nurse _____ Date _____